

What does it cost?

Some of our services are free at the point of delivery and are funded by the **Fife Health & Social Care Partnership**

- Private Purchase Options
- SDS (Self Directed Support) Options

We operate a comments, suggestions and complaints procedure

person-centred support that enables you to identify the care you need and design how it is delivered

giving people real choice and control over their lives

How to contact us



Crossroads Fife 

Buko Tower, Dalton Road
Glenrothes KY6 2SS

01592 610540 

info@crossroadsg.co.uk 

www.crossroadsfifecentral.org 



Support for Carers

Do you need a break?

Caring for someone of any age with an illness or a disability?

Unable to leave someone you care for alone?

Feeling lonely and socially isolated?

We may be able to help!

Fife Health & Social Care Partnership

Supporting the people of Fife together



I have become a Dementia Friend
Find out more at www.dementiafriendly.org.uk

Crossroads Fife is a charity registered in Scotland No. SC007781
Crossroads Fife is a Company Limited by Guarantee No. SC176299

Who we are

Crossroads Fife is a local Scottish charity who is proud to have provided quality care and dependable support to people in Fife for over 25 years.

What we do

Crossroads Fife provides services to enable Carers to have a break, with complete peace of mind, at a time that suits them. Highly trained support staff will assist with the care and support you need and the outcomes you'd like to achieve.

Our support

Our paid **Support Staff** are carefully recruited and highly trained to offer a professional and reliable service to assist with:

- Alleviating feelings of social isolation and loneliness
- Personal care
- Mobility and person handling activities
- Medication
- Person-centred support
- Light household tasks
- Shopping
- Community Access

What services we offer

Crossroads Fife delivers a number of different services to empower people to live and interact positively with their family and community.

- **Respite Service** to enable carers to have a break and alleviate stress
- **Palliative Service** to optimise quality of life and mitigate suffering
- **Self-Directed Support** to help you achieve your chosen outcomes if you have been allocated SDS
- **Purchased Support** to buy additional respite or other types of support as required
- **Befriending Service** provided by unpaid volunteers to help someone build stronger social connections and alleviate isolation and loneliness.

What next

If you would like to know more about us and could benefit from the support of any of our services, please contact Crossroads Fife.

When you contact us, we will ask you for some information about yourself and the person you care for. We will also send you an information pack.

We will arrange a home visit to discuss your requirements as soon as staff and resources are available.

We will also perform an Assessment of Needs and develop the Personal Plan for the person you care for.

Before services commence, you and the person you care for will be introduced to your Support Worker.

Your Service and Personal Plan will be reviewed regularly to ensure the care and support provided meets your current needs and circumstances.