



# THE POLICE TREATMENT CENTRES

A Force for Promoting & Improving Health & Wellbeing

CLOSURE OF THE POLICE TREATMENT CENTRES FROM FRIDAY 8 JANUARY 2021

Following the closure of both our Centres in March 2020 during the first national lockdown, the PTC team worked hard behind the scenes in order to reopen safely to our Police Family Patients on 7th September.

Everyone at the PTCs were keen to get back to supporting the Police Family as soon as possible and we were pleased that we have been able to stay open since September up to this point. We re-opened both Centres with confidence on Monday 4 January 2021 and had hoped to remain open.

However, the most recent announcements of further national lockdowns in England and Wales, Scotland and Northern Ireland, has meant that it is no longer safe to do so and despite the extensive COVID-19 safety measures in place at both centres, the Trustees and Senior Management Team at the Centres have taken the immensely difficult decision to close to residential treatment at both centres from Friday 8th January until further notice.

At the core of this decision is the need to keep our Employees and Patients safe, but we are also conscious as a leading Police Charity, that we need to respect both the letter and spirit of the law, and the intent behind the legislation which is to reduce the transference of the virus from person to person.

All Patients booked on our Wellbeing Programme in the next few weeks will shortly hear from one of our Nursing Team about what support we can provide and they will be offered access to the Thrive App. This is the only NHS approved Mental Health App available in the UK and can be used to manage stress, improve wellbeing and to build resilience to tackle common issues effectively.

All Patients booked onto our Residential Physiotherapy Programme will be contacted by our Physio Teams and, where appropriate, will be offered treatment remotely via our new Remote Physiotherapy Service.

Our new Remote Physiotherapy Outpatient Service will continue and will be available to new Patients, offering secure, online treatment from your clinician without the need to attend the Centres on a residential basis.

We are also very pleased to say that we have been able to continue to work on our new Clinical Services Wing during the period of the lockdown and this will continue safely despite this new national lockdown. The work has surged ahead and is now currently on track for completion in spring 2021. This will allow us to treat even more patients at the PTC and to improve and expand our class leading Wellbeing Treatment Programmes when we are once again able to reopen safely.

We would like to thank everyone for their understanding. We are extremely disappointed that we have had to close both Centres as the PTC only exists to serve our Police Patients and we have always taken huge pride in doing so. We are very much aware that all of our Police Officers have worked tirelessly throughout the whole of the pandemic, often at great risk to their own physical and mental health. We would like to reassure everyone that we will re-open our doors at the very earliest safe moment and look forward to getting back to delivering our class leading treatment plans to the best Police Service in the world.

Please keep your eye on our website for further updates.

Best wishes and stay safe.

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CEO PTC

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@PTCentres

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[www.thepolicetreatmentcentres.org](http://www.thepolicetreatmentcentres.org)